

It is true that we cannot do all the good that needs to be done, but each one of us can do some good and makes this world a better place! Amid the pandemic, being a health care organization, we have tried to help the community to the best of our ability.

Switch India is a Healthcare organization run by medical and paramedical students and personnel from across the country, with a common goal: to take modern medicine deep into the interiors of the country and do our bit in making healthcare more accessible and to all sections of the population.

We hope that we never really stop working for our society and while we continue to work against this pandemic, we can summarise the work done from March 2020 to March 2021 in the following manner:

## **OUR ACTIVITIES:**

- 1. Distribution of immunity booster medicines (Arsenic Album 30 approved by the Ministry of Health under the Ayush Guidelines).
- 2. Distribution of masks (cloth masks, surgical masks and waterproof masks).
- 3. Distribution of Sanitizers (cans, bottles with sanitizer stands, bottles with pedal operated stands).
- 4. Distribution of Mats (waterproof, easily sanitized, light weight, durable)
- 5. Distribution of personal protective equipment.
- 6. Healthcare camps along with Covid Screening.
- 7. Blood Donation Drive in Chennai.
- 8. Online Awareness and Mental Health Programs
  - a. Covid resource with authentic and verified information on the website
  - b. Covid ChatBot on Facebook and Website
  - c. Awareness posts on Social Media regarding latest updates and FAQs
  - d. 20 Days challenge for Happy Living to help battling with lockdown
  - e. Lockdown Learning Resource on Website
  - f. Fitness Challenges
- 9. Confidential, anonymous, multilingual, free email support to clients approaching us on inside out dealing with mental health issues.

## **OUR STATS:**

### 1. Immunobooster distributed in various states so far:

**36,145+** Immunobooster bottles distributed in Maharashtra, Tamil Nadu and Jammu and Kashmir!

(one bottle provides for 4 people, thus reaching 144,580+ beneficiaries!)

#### 2. Masks distribution:

- a. **19500+** cloth and surgical masks distributed across Maharashtra, Tamil Nadu, Karnataka, Haryana and Jammu and Kashmir.
- b. **110+** Waterproof masks (waterproof/sweatproof, comfortable, lifelong durability and unlimited use by changing filters) distributed to traffic police and BMC workers.

#### 3. Sanitizer:

- a. 50L of sanitizer distributed across Mumbai and Chennai.
- b. **75+** sanitizer stands donated to hospitals, Mumbai Police, Traffic police and BMC workers.
- c. **6** pedal operated sanitizer stands donated to hospitals in Mumbai.
- 4. Mats: 130+ across slum areas of Mumbai.
- 5. **7+** Health care camps screening **500+** patients.
- 6. PPE and gloves:
  - a. 800 gloves in Tamil Nadu
  - b. 40 PPE kits in Mumbai, Maharashtra
- 7. 5 donors in blood donation drive in Chennai to help hospitals during shortage.
- 8. Over 4000+ viewers reached through our ventures on website and social media.
- 9. 184+ New clients and many old clients provided with email support through Inside Out.

## **OUR BENEFICIARIES:**

- 1. Vulnerable sections of the society living in makeshift homes without access to proper sanitation facilities across all the states mentioned.
- 2. Mumbai police and Mumbai Traffic Police.
- 3. BMC workers working in the sanitation department (Mumbai).
- 4. Relatives of patients in hospitals.
- 5. Various hospitals across Maharashtra and Chennai.
- 6. General population which was reached through our awareness initiatives.

## **OUR COLLABORATIONS AND DONORS:**

Robin Hood Army	Yuva Sena	
Enrich Lives Foundation	Makers Asylum	
Rise infinity foundation	Mask for India	
IMA JDN	South Indian Bank Officers Association	

We would have loved to mention our generous donors who made these drives possible, however, it is their selflessness that makes this world a better place as they do not wish to claim credit for their good deeds! We extend our greatest gratitude to our unsung heroes!

# **SWITCH INDIA DEVELOPMENT COMMITTEE:**

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Dr. Mansi Babrekar	Malini Maya	Mahin Bhatt	Dr. Mahip Deva	
	Dr. Neeli			

# **OUR STAR VOLUNTEERS:**

We would like to sincerely thank all our volunteers for their efforts, those who have been mentioned; even those who have been missed out by chance; we are really grateful for all your zeal to serve the society!

Rishit Changede	Yojna Changede	Pratik Agarwal	Varun Mehta	Dr. Yash Gupta	Rajat Waghare
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Anupriya Mishra	Riya Gharat	Sudhanshu Singh	Mamta Sahoo	Muskan Gaware	Rgini Shukla
Sagar Patel	Shruthy Karipe	Gitanjali Dutta	Divya Kokal	Jaishree Srivastav	Iqraa Rumani
Aishwarya Patole	Ashi Jain	Nirbhaya Shah	Manushi Makwana	Aplana Singh	Manali Gokhru
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